



***YOU ARE INVITED TO THE***  
**45<sup>TH</sup> ANNUAL**  
**CHRISTMAS MEET INVITATIONAL**  
**DECEMBER 15-16-17, 2006**  
***HELD AT THE***  
**UNIVERSITY OF PITTSBURGH'S**  
**JOE C. TREES POOL**

***BONUS EVENTS AVAILABLE THIS YEAR!!!***

SEE THE ATTACHED INFORMATION REGARDING BONUS EVENTS

Two (2) Eight-lane, 25-yard courses  
with a 25-yard warm-up pool separate from the competition pool

**START TIMES FOR FINALS**

**Friday Dec. 15, 2006 - 6pm**

**Saturday Dec. 16, 2006 - 6pm**

**Sunday Dec. 17, 2006 - 5pm**

Download your invitation online at:

[www.teampittsburgh.com](http://www.teampittsburgh.com)

Real Time web results will be available throughout the meet at:

[www.teampittsburgh.com](http://www.teampittsburgh.com)

**ENTRIES DEADLINE**

**DECEMBER 1, 2006**

Only new entries will be accepted from meets held Dec. 2-3, 2006. New entries must be emailed in an updated team file with ALL previous entries included.

No updated entries will be accepted after December 4<sup>th</sup> at 5:00 PM.



# CHRISTMAS MEET INVITATIONAL

HELD AT THE UNIVERSITY OF PITTSBURGH

DECEMBER 15-16-17, 2006

**SPONSOR:** Team Pittsburgh Aquatics

**SANCTION:** Allegheny Mountain Swimming, Inc.

**SANCTION#- AM-121506-1**

**POOL LOCATION:** Trees Pool, University of Pittsburgh, Aliquippa & Darragh Sts., Pittsburgh, Pa.

**POOL TYPE:** Two (2) eight-lane, 25-yard, indoor courses with electronic timing and anti-wave lane lines.

**RULES:** The meet will be governed by current USA Swimming Rules. All participants must be currently registered USA Swimming Athletes. The No-False-Start procedure will be in effect for this meet.

**EVENTS:**

The meet will be swum in accordance with the accompanying Schedule of Events.

The 1650 and 1000 yard freestyle events and all relay events will be swum as timed finals. The fastest seeded heat of the 1650 and 1000 yard freestyles will be swum with finals. The remaining heats of these distance events will be swum after the morning relays- fastest to slowest.

The top eight seeded **senior relays** will have the option of swimming at the end of evening finals or in prelims each day. ONLY THE TOP EIGHT SEEDED RELAYS WILL HAVE THE OPTION. After those eight have decided, the remaining relays will be seeded and swum in the morning prelim session, ALWAYS allowing for a full heat of eight relays at finals. Only senior relays will be swum at finals. All other age-group (9-10, 11-12, 13-14, & 15-16) relays will be swum as timed finals in the prelim (morning) sessions. All relays must be included prior to entry deadline. NO DECK ENTERED RELAYS WILL BE ACCEPTED.

**Please declare Senior relay intentions by the following deadline:**

**800 Senior Free Relay** - declare by the beginning (8:30am) of morning prelims on Friday.

**400 Senior Medley Relay/400 Free Relay-**

Please declare by the beginning of finals (6:00pm on Fri. & Sat.) the day prior to the event being swum.

The remaining individual events (except 8-Under events) will be swum as preliminary and finals.

**Consolation finals will be swum for senior individual events only.**

**There will be a ten (10) minute break prior to the start of all relays.**

**ENTRY:**

- INDIVIDUAL EVENT= \$4.00 per entry  
RELAYS= \$8.00 per entry
- Entry fees should be mailed to the **MEET DIRECTOR:**  
**Eric Stefanski, Meet Director**  
**Suite 218 Fitzgerald Field House**  
**Pittsburgh, PA 15261**  
**Phone- 412-648-8339**
- TEAMS MUST submit their entries by e-mail or a \$20 additional fee will be charged!
- Meet Summary is strongly encouraged to be sent via email in word or PDF. form.  
**Meet check must follow in the mail.**  
E-MAIL entry files to: [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org)
- **Make checks payable to: Pittsburgh Aquatic Program**
- **To be included in the meet, all entries must be confirmed received from Eric Stefanski, prior to the entry deadline**

**ENTRY DEADLINE: Friday, December 1<sup>st</sup>, 2006.**

Entries and fees must be received by the Meet Director no later than Friday, December 1<sup>st</sup>, 2006.

The current USA Swimming number must also be listed with each swimmer's entry.

E-mail entries in commlink form to [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org)

**When you E-mail your entry, please include a copy of the meet summary. Send payment BEFORE the entry deadline.**



**ENTRY RESTRICTIONS:**

1. No swimmer may enter more than three (3) individual events per day.
2. No club may enter more than three (3) teams per relay event.
3. Positive check-in is required for the 1000 free by 8:30am on Friday, the first day of the meet and for the 1650 freestyle by 8:30am on Sunday, the last day of the meet.
4. **The Meet Director reserves the right to return entries in order to control the duration of the meet with the approval of the AMS Age Group Committee.**
5. No late entries, phone entries or fax entries will be accepted.
6. Relays must be included prior to the entry deadline. **NO DECK ENTERED RELAYS WILL BE ACCEPTED.**
7. All entries must be emailed by the team entry person. **No entries will be taken from parents of swimmers.**

**Bonus Events:**

1. **If a swimmer qualifies for a single (1) individual event, that swimmer may compete in up to two (2) additional events regardless of the qualifying time – total three (3) events.**
2. **If a swimmer qualifies for two (2) or more individual events, that swimmer may compete in up to seven (7) additional individual events regardless of the qualifying time, keeping in mind not to exceed the maximum of nine (9) individual events for the entire meet and the maximum of three (3) individual events per day.**
3. **Please indicate on the entry file if an event is a bonus event by checking the “bonus event” box.**
4. **Bonus events will be seeded after all yards, SCM and LCM entries.**
5. **To control the length of time of the distance events, there will be a bonus event qualifying time for the 400 IM, 500 Free, 1000 Free and 1650 Free for all age-groups. Swimmers who wish to swim those events as bonus events must be faster than the following: 400 IM & 500 Free – within thirty (:30.00) seconds of the qualifying time; for the 1000 Free – within one (1:00.00) minute of the qualifying time; and for the 1650 Free – within one minute thirty seconds (1:30.00) of the qualifying time.**

**PROOF OF TIMES:**

**Proof of time may be required if a swimmer does not meet their initial entry time at the conclusion of a swim. This excludes bonus events. Proof of time must come from a USA Swimming sanctioned, approved or observed swim.**

**SCRATCH RULE:**

Scratching from finals will be allowed in accordance with current USA Swimming Championship Meet Scratch Rule.

**AWARDS:**

- Individual events- Medals through 8th place  
High point awards for all age groups and seniors will be awarded.  
*NOTE: Points scored in senior competition will **not** be added to age group totals.*
- Relays- Medals through 3rd place  
Ribbons 4th-8th place

**SPECIAL AWARD:** The **CAROL AND JERRY ZALESKI AWARD** will be presented to the winner of the 100-yard Freestyle Event for Senior Men and Women. The names of the winners will be placed on a permanent plaque for display in the pool balcony.

**SEEDING:**

This is a pre-seeded meet. For the finals in age group events, if there are “no shows,” alternates will be placed in the open lane(s) without reseeding. In senior events, consolation “no shows” will be filled from alternates without reseeding, but in championship finals of senior events, lanes will remain empty for “no shows.” In prelims, the order of seeding will be SCY, SCM, LCM, BONUS.  
**NOTE: Positive check-in is required for the 1000 and the 1650 freestyles.**

**SCORING:**

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
(For Age Group events, only eight places will score - 20-17-16-15-14-13-12-11)  
Relays events are doubled. (For Age Group relays, only the top eight relays will score.)

**STARTING TIMES: (Note- Starting times are different for Sunday!)**

**12 & Under events**

Warm-up- no sooner than 1:00pm Fri/Sat (12:45pm on Sun.)  
**PRELIMS BEGIN**- no sooner than 2:00pm Fri/Sat (1:30pm on Sun.)  
**8 & Under events**- All 8-under events are Timed-finals events during the afternoon sessions.

**13 & Over events**

Warm-up- 7:30am  
**PRELIMS BEGIN**- 8:30am each day

**FINALS SESSIONS Begin- Friday/Saturday - 6:00pm, Sunday- 5:00PM**

Warm-up begins no later than one hour prior to finals beginning.



#### **WARM-UPS:**

**Each Competing Club's coach** must be present and have current USA Swimming Coaches' Registration available to show the Meet Director. Teams with more than five swimmers are required to register coach/sponsor's name with the meet director before swimmers will be allowed to begin warm-up. At that time, current coaches' registration must be shown. Teams with Five (5) or fewer swimmers and unattached swimmers not practicing with a competing club must have the name of a responsible adult sponsor registered with the Meet Director before competing.

**Please note that all swimmers must be under the supervision of a USA Swimming coach during warm-up and competition. If necessary, the Meet Director or Referee will assist the swimmer in making such arrangements.**

**NO UNAUTHORIZED PERSONNEL WILL BE ALLOWED ON THE POOL DECK.** Coaches, Officials and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, excepting swimmers, will be prevented from entering the deck area.

**The following warm-up schedule** will apply to this meet: The first half of all warm-up periods will be a general warm-up with **NO DIVING** from the blocks or sides of the pool. All blocks are to be covered with safety cones. **NO PADDLES.** No sprint or pace work in general warm-up lanes. During the last half of all warm-up periods, the safety cones on lanes 2 and 7 will be removed. One-way diving and sprinting will be done in these lanes only from the starting end of the pool. The outside lanes will be used for push-off circle pace-work from the start end of the pool. The remaining lanes will be general warm-up lanes, with no diving or push-off pacing permitted, unless otherwise instructed by the referee and marshal.

#### **MEET MARSHALS:**

Marshals have authority through the Meet Director over warm-ups. A swimmer and/or coach may be removed from the deck for non-compliance with warm-up procedures.

#### **PARKING:**

For a charge, you may park all day in the OC LOT adjacent to the pool. The OC LOT is a secured, lighted lot. We recommend that you use the OC LOT. However, if you do park on the street, we recommend that you remove all valuables from your car, or remove them from view.

Unfortunately, the daily parking rate has been increased to \$10 per day for Saturdays and Sundays and to \$7 on Fridays.

***The increased fee is due in most part to the increase in the City of Pittsburgh's parking tax increase.***

***Fortunately, the University of Pittsburgh Parking Office may allow in/out privileges in the OC Lot when there are not other special events scheduled to swim meet parents, officials and coaches.***

***The In-Out privilege is NOT EXTENDED to others parking at the University.***

In order to utilize this, please keep your parking payment stub with you when you exit in order to re-enter the lot for finals. Thanks.

#### **ADDITIONAL INFORMATION:**

Should you need any additional information regarding the meet, please call Team Pittsburgh Coaches at 412-648-8339.

**Please feel free to duplicate this information and entry forms for any club needing information.**



## Christmas Invitational December 15 – 17, 2006

Girls	Faster Than		Friday Morning			Faster Than		Boys
	SCY	SCM	LCM	Senior	LCM	SCM	SCY	
3	2:05.09	2:18.29	2:21.99	200 Freestyle	2:10.59	2:05.29	1:53.39	4
9	1:03.29	1:12.89	1:12.09	100 Butterfly	1:04.49	1:02.59	56.69	10
15	2:20.89	2:35.59	2:41.19	200 Individual Medley	2:26.49	2:20.29	2:06.99	16
17				800 Freestyle Relay				18
19	11:23.89	9:58.49	10:07.59	1000 Freestyle	9:34.09	9:16.79	10:36.19	20
<b>Girls</b>				<b>13 – 14</b>				<b>Boys</b>
1	2:08.59	2:22.09	2:26.19	200 Freestyle	2:18.99	2:13.29	2:00.59	2
5	1:08.09	1:15.19	1:17.29	100 Butterfly	1:11.99	1:10.09	1:03.39	6
11	2:24.99	2:40.19	2:45.19	200 Individual Medley	2:35.99	2:30.19	2:15.89	12
<b>Girls</b>				<b>15 – 16</b>				<b>Boys</b>
7	1:04.09	1:10.79	1:12.69	100 Butterfly	1:09.09	1:04.09	57.99	8
13	2:22.19	2:37.09	2:41.09	200 Individual Medley	2:30.59	2:23.69	2:09.99	14
				<b>Friday Afternoon</b>				
<b>Girls</b>				<b>10 &amp; Under</b>				<b>Boys</b>
23	2:36.39	2:52.79	2:58.69	200 Freestyle	2:52.39	2:47.89	2:31.89	24
29	37.29	41.19	42.09	50 Butterfly	40.99	40.49	36.69	30
35	1:23.19	1:31.89		100 Individual Medley		1:29.79	1:21.29	36
<b>Girls</b>				<b>11 – 12</b>				<b>Boys</b>
21	2:20.19	2:34.89	2:39.19	200 Freestyle	2:35.69	2:30.89	2:16.59	22
27	32.69	36.09	36.59	50 Butterfly	36.59	35.79	32.39	28
33	1:14.09	1:21.29		100 Individual Medley		1:19.69	1:12.19	34
37	2:37.09	2:53.59	3:00.69	200 Backstroke	3:00.29	2:49.99	2:33.79	38
<b>Girls</b>				<b>8 &amp; Under</b>				<b>Boys</b>
25	1:31.89	1:42.00	1:43.69	100 Freestyle	1:40.60	1:39.00	1:29.19	26
31	48.79	54.16	54.86	50 Butterfly	53.19	52.49	47.29	32



# Christmas Invitational

Girls	Faster Than		Saturday Morning			Faster Than		Boys
	SCY	SCM	LCM	Senior	LCM	SCM	SCY	
39				400 Medley Relay				40
41	4:59.29	5:30.59	5:40.39	400 Individual Medley	5:11.99	4:59.79	4:31.29	42
47	26.99	29.79	30.79	50 Freestyle	27.49	27.49	23.79	48
51	2:37.99	2:54.49	3:00.79	200 Breaststroke	2:43.29	2:36.29	2:21.49	52
57	1:04.19	1:20.89	1:14.59	100 Backstroke	1:07.29	1:03.49	57.49	58
63	5:31.79	4:50.29	4:56.49	500 Freestyle	4:36.39	4:26.49	5:04.49	64
<b>Girls</b>				<b>13 – 14</b>				<b>Boys</b>
43	28.69	31.69	32.79	50 Freestyle	30.59	29.39	26.59	44
49	2:40.99	2:57.89	3:03.99	200 Breaststroke	2:54.79	2:45.59	2:29.79	50
53	1:08.69	1:15.89	1:20.09	100 Backstroke	1:15.09	1:11.69	1:04.89	54
59				200 Medley Relay				60
<b>Girls</b>				<b>15 – 16</b>				<b>Boys</b>
45	26.99	29.89	30.89	50 Freestyle	28.09	26.89	24.29	46
55	1:04.89	1:14.79	1:14.99	100 Backstroke	1:08.69	1:04.89	58.79	56
61				200 Medley Relay				62
				<b>Saturday Afternoon</b>				
<b>Girls</b>				<b>10 &amp; Under</b>				<b>Boys</b>
67	1:12.29	1:19.89	1:21.89	100 Freestyle	1:20.59	1:18.19	1:10.79	68
73	1:33.39	1:43.19	1:47.09	100 Breaststroke	1:45.99	1:42.39	1:32.69	74
79	38.19	42.19	43.69	50 Backstroke	44.19	42.39	38.39	80
83	2:55.99	3:14.49	3:20.59	200 Individual Medley	3:18.89	3:13.69	2:55.29	84
87				200 Freestyle Relay				88
<b>Girls</b>				<b>11 – 12</b>				<b>Boys</b>
65	1:03.09	1:09.69	1:14.09	100 Freestyle	1:11.59	1:09.49	1:02.89	66
71	1:22.19	1:30.79	1:33.79	100 Breaststroke	1:33.59	1:29.59	1:21.09	72
77	34.29	37.89	39.19	50 Backstroke	38.79	37.29	33.69	78
81	2:38.59	2:55.19	3:00.19	200 Individual Medley	2:58.09	2:52.29	2:35.89	82
85	2:39.69	2:56.49	3:02.59	200 Butterfly	3:00.89	2:54.89	2:38.29	86
89				200 Freestyle Relay				90
<b>Girls</b>				<b>8 &amp; Under</b>				<b>Boys</b>
69	1:45.69	1:57.32		100 Individual Medley		1:52.76	1:41.59	70
75	53.59	59.48	1:00.48	50 Breaststroke	1:00.82	59.92	53.89	76

# Christmas Invitational

Sunday Morning								
Girls	SCY	SCM	LCM	Senior	LCM	SCM	SCY	Boys
91				400 Free Relay				92
95	2:17.89	2:32.39	2:39.39	200 Backstroke	2:24.79	2:16.69	2:03.69	96
101	58.19	1:04.29	1:06.29	100 Freestyle	1:00.09	57.59	52.09	102
105	2:18.19	2:32.69	2:35.59	200 Butterfly	2:23.29	2:17.29	2:04.19	106
111	1:13.19	1:20.89	1:23.89	100 Breaststroke	1:15.19	1:11.59	1:04.79	112
117	18:58.69	18:52.09	19:26.39	1650 Freestyle	18:13.29	17:34.89	17:41.09	118
<b>Girls</b>				<b>13 – 14</b>				<b>Boys</b>
93	2:21.19	2:35.99	2:44.29	200 Backstroke	2:34.89	2:27.69	2:13.69	94
97	1:02.19	1:08.79	1:11.09	100 Freestyle	1:06.59	1:04.09	57.99	98
103	2:22.39	2:37.39	2:42.39	200 Butterfly	2:33.29	2:29.09	2:14.99	104
107	1:17.99	1:26.19	1:29.09	100 Breaststroke	1:23.59	1:19.89	1:12.29	108
113				200 Freestyle Relay				114
<b>Girls</b>				<b>15 – 16</b>				<b>Boys</b>
99	58.59	1:04.69	1:06.69	100 Freestyle	1:01.39	58.69	53.09	100
109	1:13.19	1:20.89	1:27.69	100 Breaststroke	1:17.19	1:13.29	1:06.29	110
115				200 Freestyle Relay				116
Sunday Afternoon								
<b>Girls</b>				<b>10 &amp; under</b>				<b>Boys</b>
123	1:22.19	1:30.89	1:35.29	100 Backstroke	1:33.69	1:30.19	1:21.69	124
129	32.39	35.79	36.49	50 Freestyle	36.19	35.29	31.89	130
133	1:26.69	1:35.79	1:38.69	100 Butterfly	1:37.19	1:34.69	1:25.69	134
137	41.99	46.49	48.29	50 Breaststroke	48.49	42.39	42.49	138
141				200 Medley Relay				142
<b>Girls</b>				<b>11 – 12</b>				<b>Boys</b>
119	2:57.69	3:16.29	3:23.69	200 Breaststroke	3:21.19	3:11.09	2:52.99	120
125	1:14.89	1:22.79	1:26.29	100 Backstroke	1:23.59	1:19.89	1:12.29	126
131	29.79	32.89	33.69	50 freestyle	32.99	31.59	28.59	132
135	1:13.59	1:21.29	1:22.89	100 Butterfly	1:22.09	1:19.79	1:12.19	136
139	37.99	41.99	42.09	50 Breaststroke	43.09	41.49	37.59	140
143				200 Medley Relay				144
<b>Girls</b>				<b>8 &amp; Under</b>				<b>Boys</b>
121	48.89	54.27	55.47	50 Backstroke	55.31	54.71	49.29	122
127	40.09	44.56	45.30	50 Freestyle	44.30	43.50	39.19	128

Comments:

1. Qualifying Times are minimum times.
2. 8 and under events are timed finals
3. 10 and under, 11-12, 13-14 and 15-16 events are prelims and finals.
4. Senior events are prelims and finals with consolation heats.
5. Entries are limited to 3 individual events per day.
6. 8 and under, 10 and under, and 11-12 are National A times.
7. 13 – 14 events use national A times for 100 and shorter and AA for 200 and longer events.
8. 15 – 16 and senior events are national AA times.
9. Senior events use national 17-18 AA times.
10. Positive check-in is required for the 1000 and 1650 freestyles.
11. Proof of times shall be required.
12. Non-conforming entry times will be seeded last.
13. Relay only swimmers must be included on the master entry form.
14. Proof of times shall be required.
15. There will be a ten (10) minute break prior to the start of all relays.
16. In order to control meet duration the meet director, along with approval from the Age Group Chairman, reserve the right to limit heats of distance events: 400 IM, 500 Free, 1000 Free, and 1650 Free.



# Christmas Meet Invitational

## ORDER OF FINALS

### Friday Night, 6pm start

Warm-ups at 4:30pm

Events are in order here as they will be swum.

<u>Ev #s</u>	<u>Event Description</u>
19-20	Senior 1000 Freestyle(Final Heat)
23-24	10-Under 200 Freestyle
21-22	11-12 200 Freestyle
1-2	13-14 200 Freestyle
3-4	Senior 200 Freestyle
29-30	10-Under 50 Butterfly
27-28	11-12 50 Butterfly
5-6	13-14 100 Butterfly
7-8	15-16 100 Butterfly
9-10	Senior 100 Butterfly
35-36	10-Under 100 Ind. Medley
33-34	11-12 100 Ind. Medley
11-12	13-14 200 Ind. Medley

Finals Order Continued from Column to Left.

<u>Ev #s</u>	<u>Event Description</u>
13-14	15-16 200 Ind. Medley
15-16	Senior 200 Ind. Medley
37-38	11-12 200 Backstroke
17-18	Senior 800 Free Relay (Final Heat)

There are Consol and Final heats for all Senior Events (except for timed final events) and only one Final Heat of all Age Group events. 8-Unders are a.m. timed finals.

### Saturday Night, 6pm start

Warm-ups at 4:30pm

Events are in order here as they will be swum.

<u>Ev #s</u>	<u>Event Description</u>
41-42	Senior 400 Ind. Medley
67-68	10-Under 100 Freestyle
65-66	11-12 100 Freestyle
43-44	13-14 50 Freestyle
45-46	15-16 50 Freestyle
47-48	Senior 50 Freestyle
73-74	10-Under 100 Breaststroke
71-72	11-12 100 Breaststroke
49-50	13-14 200 Breaststroke
51-52	Senior 200 Breaststroke
79-80	10-Under 50 Backstroke
77-78	11-12 50 Backstroke
53-54	13-14 100 Backstroke
55-56	15-16 100 Backstroke
57-58	Senior 100 Backstroke

Finals Order Continued from Column to Left.

<u>Ev #s</u>	<u>Event Description</u>
83-84	10-Under 200 Ind. Medley
81-82	11-12 200 Ind. Medley
63-64	Senior 500 Freestyle
85-86	11-12 200 Butterfly
39-40	Senior 400 Medley Relay (Final Heat)

There are Consol and Final heats for all Senior Events (except for timed final events) and only one Final Heat for all Age Group events. 8-Unders are a.m. timed finals.

### Sunday Night, 5pm start

Warm-ups at 4:00pm

Events are in order here as they will be swum.

<u>Ev #s</u>	<u>Event Description</u>
119-120	11-12 200 Breaststroke
117-118	Senior 1650 Freestyle (Final Heat)
123-124	10-Under 100 Backstroke
125-126	11-12 100 Backstroke
93-94	13-14 200 Backstroke
95-96	Senior 200 Backstroke
129-130	10-Under 50 Freestyle
131-132	11-12 50 Freestyle
97-98	13-14 100 Freestyle
99-100	15-16 100 Freestyle
101-102	Senior 100 Freestyle
133-134	10-Under 100 Butterfly
135-136	11-12 100 Butterfly
103-104	13-14 200 Butterfly
105-106	Senior 200 Butterfly

Finals Order Continued from Column to Left.

<u>Ev #s</u>	<u>Event Description</u>
137-138	10-Under 50 Breaststroke
139-140	11-12 50 Breaststroke
107-108	13-14 100 Breaststroke
109-110	15-16 100 Breaststroke
111-112	Senior 100 Breaststroke
91-92	Senior 400 Freestyle Relay (Final Heat)

Results will be made available on our website at [www.teampittsburgh.com](http://www.teampittsburgh.com).

Finals will end at about 7:15pm.

High Point awards and Team trophies will be awarded after finals.

There are Consols and Final heats for all Senior Events (except for timed final events) and only one Final Heat for all Age Group events. 8-Unders are a.m. timed finals.



*Christmas Meet Invitational*  
**Meet Entry Summary**

**(This completed form MUST accompany your entry and payment.)**

**ENTRY DEADLINE is Friday, December 1<sup>st</sup>, 2006**

*Mail completed Meet Entry Summary, Payment and Entries to:*

**Eric Stefanski, Swimming Office, 218 Fitzgerald Field House, Pittsburgh, PA 15261**

TEAM NAME \_\_\_\_\_ CODE LETTERS (5) \_\_\_\_\_

COACH \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Please complete BOTH sides of this form and return it with your entry check. Your entry will be considered incomplete WITHOUT this form. Please e-mail your actual entries (see below).**

TEAM ENTRY PERSON \_\_\_\_\_ E-mail \_\_\_\_\_

TEAM ADDRESS \_\_\_\_\_  
 \_\_\_\_\_

**RESULTS will be posted on the web.  
 at [www.teampittsburgh.com](http://www.teampittsburgh.com)**

*(PLEASE E-MAIL YOUR .CL2 ENTRIES TO: [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org) Then mail this form.)*

**ENTRY FEE PAYMENT (Check Payable to Pittsburgh Aquatic Program)**

Number of Individual Entries \_\_\_\_\_ at \$4.00= \$ \_\_\_\_\_

Number of Relay Entries \_\_\_\_\_ at \$8.00= \$ \_\_\_\_\_

**Note: There is a data entry fee of \$20 per team for teams with more than 5 swimmers who do not submit entries in CL2 format by e-mail. If you do not enter by Hy-tek, add this fee here BEFORE you total your entry fees.**

+ \$20 if applicable

**TOTAL Submitted= \$ \_\_\_\_\_**

**One (1) Club or Certified Check per team.**

**Make checks payable to:  
 Pittsburgh Aquatic Program**

Questions concerning my team's entries should be directed to:

\_\_\_\_\_  
 Name Phone  
 \_\_\_\_\_  
 e-mail

**Our HOTEL accommodations for the meet are at the:** \_\_\_\_\_

NOTE: WE ENCOURAGE ALL TEAMS TO ENTER THEIR TEAMS VIA E-MAIL ON HY-TEK CL2 FILES.  
 PLEASE E-MAIL YOUR ENTRIES TO [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org)  
**MAIL THIS FORM AND CHECK SEPARATELY.**



## Additional Meet Information

We will be cutting off the entries at about 7,000 entries and at about 1,200 swimmers. We would encourage you to get your entries in early, since the cut-offs for teams will be based on entry receipt date. Please call if you have any questions regarding the cut-off.

**Meet results will be published on [www.teampittsburgh.com](http://www.teampittsburgh.com).**

All teams are encouraged to e-mail their entries to Eric Stefanski, Meet Director at: [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org). Both sides of this form must be complete and accompany your check in the mail before the entry deadline of Dec. 1, 2006 in order to be considered complete

## TIMER INFORMATION FORM

Since this is such a large regional competition, we are requesting that teams provide timers for certain lanes for sessions. Please indicate below which sessions you would like to provide timers. We will try to make sure that the lanes for which your team will be responsible will be during the sessions at which you will have the most parents present. Thanks. Eric Stefanski, Meet Director.

### FRIDAY PRELIMS

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 2pm-4:30pm  
(12-Younger)

### FINALS

\_\_\_\_\_ 6pm-8pm

### SATURDAY PRELIMS

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 2pm-4:30pm  
(12-Younger)

### FINALS

\_\_\_\_\_ 6pm-8pm

### SUNDAY PRELIMS

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 2pm-4:30pm  
(12-Younger)

### FINALS

\_\_\_\_\_ 5pm-7pm

TEAM NAME \_\_\_\_\_

CONTACT PERSON AT MEET \_\_\_\_\_

**RETURN THIS FORM WITH YOUR ENTRY CHECK. IF IT IS NOT RETURNED, YOUR ENTRY WILL BE CONSIDERED INCOMPLETE.**

**The Rules of Conduct as Adopted by the Allegheny Mountain Swimming Association for this meet.**

- 1.** Any swimmer breaking any one or more of the following rules will be ejected from the premises:
  - a.** willful damage to the premises (walls, floors, doors, etc.);
  - b.** willful damage to the furniture, fixtures and appointments;
  - c.** plugging sinks, toilets, or other drains;
  - d.** flicking towels, fighting, wrestling, etc.;
  - e.** violation of any posted or announced regulation(s);
  - f.** insubordination to officials and deck marshals;
  - g.** any other unsportsmanlike, irresponsible or unsafe conduct; or
  - h.** use of alcohol, illegal drugs, and tobacco (inhaled or chewed).
  
- 2.** USA Swimming mandates the following procedure for expeditious handling of complaints and/or disciplinary actions for violation of these rules:
  - a.** Since federal law states that an athlete cannot be suspended from competition, even temporarily, without a hearing, the host club should be prepared in advance to have an ad hoc Meet Rules Committee selected. The Committee should have a referee or designated official, the Meet Director and an athlete as members. This Committee should be announced before the start of the meet. It is the Meet Director's responsibility to select this Committee; however, the Meet Director may ask the Referee to select this ad hoc Committee. In the case of a protest, the Committee shall convene on the site immediately to handle the situation.
  - b.** The decision must be reduced to writing within ten (10) days of the hearing and a copy served by mailed to the athlete and to the Chairman of the AMS Review Committee. It should include findings of fact. If a formal hearing is desired, the matter can be referred to the AMS Review Committee for a full hearing.
  
- 3.** Coaches and swimmers must remain a minimum of two (2) feet from the pool's edge. Coaches and official must display current USS registration cards.
  
- 4.** Only competing swimmers, officials and lap counters are permitted within four (4) feet of the pool's edge both at the starting and turning ends.
  
- 5.** Spectators, including parents, are not permitted on the pool deck.
  
- 6.** Coaches, parents and/or swimmers are not to contact the administration desk or electronic timing operator regarding questions of time or place of finish. All questions should be directed to the Referee.
  
- 7.** If the electronic timing device is set off before a race is completed, or if the body of a swimmer (defined as the torso, including shoulders and hips) enters the water, or if, in the opinion of the Meet Referee, an "on-deck" swimmer has interfered with an "in-pool" swimmer, then the "on-deck" swimmer may be disqualified from their next event.



*The 45<sup>th</sup> Christmas Meet  
Christmas Meet Invitational  
December 15-17, 2006  
List of Suggested Hotels*

*(In alphabetical order.)*

*You Must Mention the Christmas Swim Meet and make reservations prior to the cut off date to get the advertised rate.  
Cut-off date for each hotel is listed*

- **Hampton Inn, University** 412-681-1000 Cut-off date: 11/15/05  
(Two Minutes from Pool on the Edge of the Pittsburgh Campus)  
**\$89 Flat Rate** (Up to four persons)  
Hot breakfast buffet included. Free wireless internet and free local phone calls. Parking \$9/day.
  
- **Holiday Inn Select, University Center** 412-682-6200 Cut-off date: 12/8/05  
(In the Center of the Pittsburgh Campus)  
**\$82 Flat Rate** (Up to four persons)  
Meal plans available. Complimentary parking.
  
- **Omni William Penn, Pittsburgh** 412-553-5100 or 1-800-THE-OMNI Cut-off date: 12/2/05  
(10 minutes from pool in Downtown Pittsburgh.) Oldest luxury hotel in Pittsburgh  
**\$69 Flat Rate** (Up to four persons.)  
Meal Plans available
  
- **Residence Inn, Oakland (Suites Hotel)** 412-621-2200 Cut-off date: 12/1/05  
(10 Blocks from Pool on Bigelow Blvd. in Oakland)  
**\$ 99 for Studio or 1 Bedroom Suite** Indoor Pool.  
Each room has one queen bed and one pull out twin size sofa. Also includes breakfast. Meal plans available.  
Complimentary parking. Complimentary shuttle not guaranteed for groups.
  
- **Wyndham Garden Hotel, University Place** 412-683-2040 Cut-off date: 11/24/05  
(Three blocks/two minutes from pool on Forbes Ave.)  
**\$85** (Single or Double Occupancy)  
Parking \$16 per night for standard vehicles. \$16 per night for large vans parked in back of hotel. All parking on space available basis. Meal plans available.