

AMS BB CHAMPIONSHIP MEET MARCH 2 - 4, 2012

SPONSOR/HOST	CHARTIERS VALLEY SWIM CLUB		
SANCTION #	AM-030212-01		
MEET DIRECTOR	MIKE SCHMIDT	E-MAIL: vimish@verizon.net	PHONE: 412-889-5351
LOCATION	CHARTIERS VALLEY HIGH SCHOOL, 50 THOMS RUN RD, BRIDGEVILLE, PA 15017		
FACILITY DESCRIPTION	Two Six lane 25 yard indoor pools, Datroniks Timing System, wave reduction lane lines.		
POOL CERTIFICATION	The competition course has not been certified in accordance with 104.2.2C(4).		
WATER DEPTH	The depth of the water at the start end of the pool is 11 feet and at the turn end is 4 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	FEBRUARY 8, 2011		
ENTRY DEADLINE	FEBRUARY 20, 2011 <i>Note: entry deadline allows for late qualifiers from the B Championship Meets</i>		
ENTRY FEES	Individual Events: \$5.00	Relay Events: \$5.00	
ENTRY LIMIT	3 Individual Events per day (excluding relays).		MEET ENTRY LIMIT: N/A
ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entry times must be in SC Yards or LC Meters. NT entries will not be accepted; • Entries must be submitted by Hy-Tek CL2 or HY3 file or sdif file via e-mail; • A hard copy of the entries must be submitted with payment and postmarked by the entry deadline; • All entries should be submitted via e-mail. Electronic entry files (TM or equivalent) are required for teams with five or more swimmers. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information. • Hard copies of entry report and fees must be mailed to the entry chair postmarked by the entry deadline date. • FINAL entry reports must be mailed or e-mailed to the entry chair five (5) days prior to the meet start 		
MEET ENTRY CHAIR	JUDY WAGNER	PHONE #: 412-276-0145 <i>(no calls before 9:00 AM or after 9:00 PM)</i>	
E-MAIL ENTRY FILES TO	CVSC-ENTRIES@AMSWIM.ORG		
MAIL CHECKS/ REPORTS	JUDY WAGNER, 1271 ARROWOOD DR., PITTSBURGH, PA 15243		
CHECKS PAYABLE TO	CHARTIERS VALLEY SWIM CLUB		
PROOF OF TIMES	Proof of times shall be required for all events with qualifying times. When submitting meet entry file & report indicate proof of time by checking the " Include Proof of Time " box. Times will be run against the SWIMSS database.		
SEEDING	This meet will be pre-seeded with the exception of events 400 yards/meters or longer and relays which will be deck seeded with positive check-in. Check in will close approximately 30 minutes prior to the start of the event. Events 400 yards/meters or longer will be swum fastest to slowest alternating girls/boys.		
SAFETY CHAIR	MELISSA REPKO	E-MAIL: repkomelissa@yahoo.com	PHONE: 412-523-9815
OFFICIALS CONTACT	SHARON SCHMIDT	E-MAIL: sharonmajs@verizon.net	PHONE: 412-429-0101
AWARDS	Individual Events: Medals 1 st through 6 th Place. Relay Events: Ribbons 1 st through 3 rd Place		
SCORING	This meet will not be scored		
MISCELLANEOUS	<ul style="list-style-type: none"> • Spectators and swimmers are encouraged to utilize the Cafeteria in between races during the meet, as pool deck and spectator space is limited. Regular updates pertaining to the races being contested in each pool will be posted outside the pool area, and in the cafeteria. • Friday evening distance event swimmers must provide their own lap counter. • Friday evening events and Finals will be swum in Pool 1, with Pool 2 open during the session for warm-up and cool-down. • Prelims will be swum in two pools int the mornings on Saturday and Sunday, with the pools alternating from Saturday to Sunday for all age groups • Events 200 yards and shorter will be swum as prelims & finals with both consolation and final heats. • 10 & Under events will be swim during prelims as timed finals. • Limited concession will be available Friday. Full concession will be available throughout the rest of the meet. • Knabes Swim Shop (swim gear) and Northwest Designs (t-shirts) will be on site Saturday and Sunday. 		
SESSION	WARM-UP TIMES		MEET STARTS
Friday	Open Warm-ups 5:30 - 6:00 PM. <i>Pool 2 will be open throughout the session</i>		6:05 PM
Saturday & Sunday Prelims	7:00 - 8:30 AM		8:35 AM
Saturday & Sunday Finals	3:30 - 4:30 PM <i>(Pool 2 will be available throught the session)</i>		4:35 PM

WARM-UP INFORMATION	Warm-up policies will be strictly enforced by USA Swimming Officials. Specific warm-up times for each club (if applicable) and/or changes to the warm-up schedule will be posted on the AMS Web Site no later than five (5) days prior to the start of the meet. The Meet Director reserves the right to adjust warm-ups based on the number of entries after consultation with the Age Group Chair (prior to the meet) or the referee (day of the meet).
DECK PRIVILEGES	Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card at the sign in table and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries. Failure to do so will result in the swimmer not being permitted to participate.
RACING START CERTIFICATION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.
DURATION	The Meet Director reserves the right to return entries with the approval of the Age Group Committee to control the meet duration. Affected clubs will be notified at least five (5) days prior to the meet. In addition, the meet host may require swimmers to scratch down one event per day. When entries are submitted, please mark which event the swimmer will scratch, if needed. If no race is designated, the host team will scratch the swimmer's last event of the day. Refunds will be given for mandatory scratches.
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age <i>as of the first day of the meet</i> determines eligibility. This meet is open to all USA swimming registered swimmers.
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	This meet will be governed by current USA Swimming Rules. Fly-over starts may be used. Smoking and the use of tobacco products are prohibited in the building. Sale and use of alcoholic beverages are similarly prohibited anywhere on the grounds. No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.
DISABLED SWIMMERS	Any swimmer with a disability should contact the Meet Director and the Meet Referee prior to the start of the meet
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	In compliance with USA Swimming Rules and Regulations; Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the AMS Board or stated in the meet announcement, photographers are not permitted on deck at any time.
SCRATCH RULE <i>Prelims/Finals Meets</i>	Any Swimmer or relay team failing to swim an event at a pre-seeded session of a prelims-finals meet shall not be penalized for failure to swim. Positive Check-in events (400 yards/meters or longer): Any swimmer who has checked in for an individual event that is seeded on the deck must swim in the event unless he notifies the Referee or designated meet official of his/her wish to scratch before the seeding for the event has begun. Failure to scratch prior to seeding and failure to swim the event will result in the swimmer being barred from his/her next individual event or relay. Events seeded on the deck shall be closed for seeding no later than 30 minutes prior to the start of the event. Any swimmer qualifying for a C, B or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in "Exceptions for Failure to Compete." A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

	<p>Any Swimmer who qualifies for a C, B or A Final and does not compete shall be subject to a monetary fine. If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be charged a penalty of \$25 by AMS. The \$25 penalty fee will be charged to the swimmer's club or to the swimmer themselves in the event that they are unattached. This penalty fee should be paid to AMS (Allegheny Mountain Swimming) and mailed to the Permanent Office within 14 days of the conclusion of the meet. Failure to pay this fine prevents this swimmer/team from participating in a future meet. The Meet /Deck Referee shall notify the Permanent Office of any penalties due within 1 day of the conclusion of the meet.</p> <p>Thirty (30) Minute Scratch Rule A swimmer who qualified for a C, B or A Final (Bonus – C, Consolation – B, Championship – A) must notify the designated official of his/her intent to scratch within thirty (30) minutes after the announcement of the qualifiers.</p> <p>The swimmer shall further declare his/her final intention within thirty (30) minutes following his/her last individual preliminary event in the session. If the swimmer does not declare his/her intention at the end of the 30 minutes of his/her final individual event, the swimmer will be seeded into the final event. Any penalties for not swimming at finals will be upheld. Swimmers and/or coaches should re-check with the Referee to see if their swimmer has been scratched into one of the finals heats. Swimmers not intending to return for finals, regardless of the seeded position should fill out the scratch form.</p> <p>Exception for Failure to Scratch– No Penalty shall apply: The Referee is notified of illness or injury and accepts the proof thereof.</p> <p>A swimmer qualifying for a consolation final or final race following preliminaries is in compliance with the 30 minute scratch rule detailed above.</p> <p>It is determined by the Referee that failure to scratch was caused by circumstances beyond the control of the swimmer.</p> <p>A swimmer who was not one of the original qualifiers and who was scratched into the qualifiers list.</p> <p style="text-align: center;"><i>Please refer to the AMS Operating Procedures Section P for the complete AMS Scratch Rule</i></p>
<p>DIRECTIONS</p>	<p>Take Route 79 South to Exit 55 (Heidelberg/Kirwin Heights). Turn left at the light onto Route 50 E / Washington Pike. Follow of approximately 1/2 mile and turn left at the light onto Thoms Run Rd. The school is on the left just after passing under Route 79.</p>

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Girls	FRIDAY PM Session 1				Boys					
	Faster than or Equal to LCM	No Faster than LCM	Faster than or Equal to SCY	No Faster than SCY						
1	22:23.09 24:12.39	20:28.39 22:20.69	21:53.19 23:27.89	19:58.89 21:39.59	Senior 1650 Free 13 & Over 11 - 12	20:51.99 23:10.49	18:47.99 21:35.59	21:35.29 24:05.29	19:13.39 22:14.19	2
3	6:51.59 6:00.09	6:05.89 5:32.39	7:39.49 6:40.29	6:48.39 6:09.29	12 & Under 500 Free 6 – 10 11 – 12	7:35.19 6:35.09	6:44.59 6:04.69	6:52.69 5:54.39	6:06.79 5:27.09	4
5	11:41.99 12:33.69	10:37.09 11:35.69	13:08.29 13:55.99	11:55.89 12:51.69	Senior 1000 Free 13 & Over 11 - 12	12:34.39 13:46.49	11:12.19 12:42.89	11:21.79 12:28.59	10:01.89 11:30.99	6

Girls	SATURDAY AM POOL 2 Session 2				Boys					
	Faster than or Equal to LCM	No Faster than LCM	Faster than or Equal to SCY	No Faster than SCY						
7	2:44.39	2:27.19	2:24.99	2:10.39	Senior 200 Freestyle	2:15.69	2:00.09	2:35.19	2:17.19	8
9	2:44.39	2:31.79	2:24.99	2:13.79	13 – 14 200 Freestyle	2:15.69	2:05.29	2:35.19	2:23.29	10
11	1:24.29	1:16.29	1:14.19	1:06.59	Senior 100 Backstroke	1:09.59	1:01.09	1:20.59	1:10.59	12
13	1:24.29	1:17.79	1:14.19	1:08.49	13 – 14 100 Backstroke	1:09.59	1:04.19	1:20.59	1:14.49	14
15	1:36.39	1:26.69	1:24.09	1:15.69	Senior 100 Breaststroke	1:18.09	1:08.89	1:28.09	1:19.69	16
17	1:36.39	1:28.99	1:24.09	1:17.59	13 – 14 100 Breaststroke	1:18.09	1:12.09	1:28.09	1:21.29	18
19	1:16.19	1:08.59	1:07.39	1:00.79	Senior 100 Freestyle	1:02.19	55.19	1:11.49	1:03.09	20
21	1:16.19	1:10.39	1:07.39	1:02.19	13 – 14 100 Freestyle	1:02.19	57.39	1:11.49	1:05.99	22
23	3:02.29 3:14.19	2:42.69 2:59.29	2:40.99 2:51.79	2:24.49 2:38.59	Senior 200 Butterfly 13 & Over 11 – 12	2:31.99 2:48.29	2:13.39 2:35.29	2:51.99 3:13.39	2:30.59 2:58.49	24
25					13 – 14 200 Freestyle Relay					26
27					Senior 200 Freestyle Relay					28
29	6:31.09	5:50.59	5:44.29	5:09.89	Senior 400 Individual Medley	5:25.49	4:47.79	6:13.19	5:27.09	30

Girls	SATURDAY AM POOL 1 Session 3				Boys					
	Faster than or Equal to LCM	No Faster than LCM	Faster than or Equal to SCY	No Faster than SCY						
31	2:02.29	1:46.99	1:46.69	1:33.39	6 – 10 100 Breaststroke	1:43.69	1:31.79	1:59.79	1:45.99	32
33	1:41.89	1:33.79	1:29.29	1:22.19	11 – 12 100 Breaststroke	1:27.79	1:20.49	1:40.89	1:32.49	34
35	40.79	36.39	35.99	32.19	6 – 10 50 Freestyle	35.19	31.59	40.19	36.09	36
37	36.39	33.69	31.89	29.49	11 – 12 50 Freestyle	30.99	28.59	35.29	32.59	38
39	1:48.89	1:35.29	1:33.99	1:22.19	6 – 10 100 Backstroke	1:32.09	1:21.29	1:45.69	1:33.29	40
41	1:31.09	1:23.29	1:21.09	1:14.19	11 – 12 100 Backstroke	1:19.09	1:12.29	1:31.39	1:23.59	42
43	48.59	42.09	42.99	37.29	6 – 10 50 Butterfly	41.99	36.69	46.89	40.99	44
45	39.39	36.29	35.09	32.39	11 – 12 50 Butterfly	35.19	32.09	39.59	36.19	46
47	3:46.49	3:19.89	3:19.39	2:55.99	6 – 10 200 Individual Medley	3:18.09	2:55.29	3:44.79	3:18.89	48
49	3:14.79	2:59.79	2:50.69	2:37.59	11 – 12 200 Individual Medley	2:49.39	2:35.59	3:13.89	2:58.09	50
51					6 – 10 200 Freestyle Relay					52
53					11 – 12 200 Freestyle Relay					54

Saturday Finals Event Order: 7-10, 33-34, 11-14, 37-38, 15-18, 41-42, 19-22, 45-46, 23-24, 49-50 (consolation & final heats)

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Girls	Faster than or Equal to LCM	No Faster than LCM	Faster than or Equal to SCY	No Faster than SCY	SUNDAY AM POOL 1 Session 5	Faster than or Equal to SCY	No Faster than SCY	Faster than or Equal to LCM	No Faster than LCM	Boys
55A	3:27.99	3:05.69	3:00.69	2:42.79	Senior 200 Breaststroke 13 & Over 11 – 12	2:49.39	2:30.09	3:17.19	2:54.29	56A
55B	3:40.59	3:23.69	3:11.69	2:56.89		3:07.29	2:52.89	3:37.49	3:20.79	56B
57	1:22.89	1:16.49	1:13.49	1:07.79	13 – 14 100 Butterfly	1:08.09	1:02.89	1:16.99	1:11.09	58
59	1:22.89	1:14.19	1:13.49	1:06.29	Senior 100 Butterfly	1:08.09	1:00.09	1:16.99	1:07.69	60
61	35.19	32.49	30.99	28.69	13 – 14 50 Freestyle	28.49	26.29	32.79	30.29	62
63	35.19	31.79	30.99	27.99	Senior 50 Freestyle	28.49	25.29	32.79	28.79	64
65	3:05.69	2:51.49	2:42.99	2:30.49	13 – 14 200 Individual Medley	2:31.99	2:20.29	2:55.99	2:42.39	66
67	3:05.69	2:47.29	2:42.99	2:26.99	Senior 200 Individual Medley	2:31.99	2:15.09	2:55.99	2:35.89	68
69	3:01.29	2:44.29	3:39.59	2:23.89	Senior 200 Backstroke 13 & Over 11 – 12	2:29.79	2:12.39	2:54.09	2:31.29	70
	3:15.29	3:00.19	2:48.89	2:35.89		2:45.59	2:32.89	3:11.09	2:56.39	
71					13 – 14 200 Medley Relay					72
73					Senior 200 Medley Relay					74
75	5:42.99	5:08.89	6:22.39	5:47.39	Senior 500 Freestyle	6:03.19	5:24.29	5:27.99	4:50.19	76

Girls	Faster than or Equal to LCM	No Faster than LCM	Faster than or Equal to SCY	No Faster than SCY	SUNDAY AM POOL 2 Session 6	Faster than or Equal to SCY	No Faster than SCY	Faster than or Equal to LCM	No Faster than LCM	Boys
77			1:33.79	1:22.59	6 – 10 100 Individual Medley	1:31.19	1:21.09			78
79			1:20.09	1:13.99	11 – 12 100 Individual Medley	1:17.59	1:11.49			80
81	49.89	43.69	43.49	38.09	6 – 10 50 Backstroke	43.69	38.29	50.09	43.89	82
83	42.29	38.99	36.79	33.89	11 – 12 50 Backstroke	36.49	33.49	42.19	38.69	84
85	1:32.99	1:21.89	1:21.59	1:11.89	6 – 10 100 Freestyle	1:19.99	1:10.79	1:31.09	1:20.59	86
87	1:19.59	1:13.49	1:08.29	1:03.09	11 – 12 100 Freestyle	1:07.89	1:02.69	1:17.39	1:11.39	88
89	1:55.19	1:37.89	1:42.09	1:26.69	6 – 10 100 Butterfly	1:40.39	1:25.59	1:53.19	1:36.49	90
91	1:30.79	1:22.89	1:20.19	1:13.19	11 – 12 100 Butterfly	1:18.69	1:11.69	1:29.49	1:21.49	92
93	54.89	48.29	47.79	41.99	6 – 10 50 Breaststroke	47.89	42.19	55.09	48.49	94
95	45.59	42.09	40.89	37.79	11 – 12 50 Breaststroke	40.79	37.29	47.09	43.09	96
97	3:23.59	2:58.49	2:58.29	2:36.39	6 – 10 200 Freestyle	2:50.89	2:31.89	3:13.99	2:52.39	98
99	2:50.79	2:37.69	2:31.49	2:19.89	11 – 12 200 Freestyle	2:27.49	2:16.19	2:47.79	2:34.89	100
101					6 – 10 200 Medley Relay					102
103					11 – 12 200 Medley Relay					104

Sunday Finals Event Order: 79-80, 55-56, 83-84, 57-60, 87-88, 61-64, 91-92, 65-68, 95-96, 69-70, 99-100 (*consolation & final heats*)

Comments:

- Limit 3 individual events per day.
- Proof of times required. All times must be proven through the National Swims Data Base. Times not in swims must be proven 30 minutes prior to the start of the session with official results from a USA Swimming Sanctioned, Approved, or Observed swim meet. If a time is not proven and the athlete competes in the questioned event, that swim is subject to Allegheny Mountain Swimming fine for falsifying documents.
- All times are taken from the national time "BB" time standards as established by USA Swimming.
- All events 200 yard and shorter shall be swum as prelims and finals. Finals will have both consolation and final heats.
- All 10 & under events will be swum at prelims as timed finals
- Events 400 yards or longer require positive check in and shall be swum fastest to slowest alternating girls/boys
- Senior events are faster than/equal to 13 -14 National "BB" standards; no faster than 15 - 16 National "A" standards.
- Relays shall be swum at prelims only and must be comprised of swimmers that are no faster than the maximum time for distance and stroke pertaining to the relay age group. Relay only swimmers must appear on the master entry form.
- The 12 & Under 500 Freestyle will be seeded and swum together by gender.
- The Senior 1650 Freestyle (1/2), 1000 Freestyle (5/6), 200 Butterfly (23/24), 200 Breaststroke (55/56) and 200 Backstroke (69/70) will each be seeded and swum together by gender.
- There may be a 10 minute warm-up prior to the Senior 400 Individual Medley and Senior 500 Freestyle