# You are invited to the 54th Annual Christmas Meet Invitational December 17, 18, 19, and 20, 2015 Held at the University of Pittsburgh's JOE C. TREES POOL 

## - Bonus events available this year!

See the attached information regarding bonus events, bonus times for EVERY event

- ALL ENTRIES, INCLUDING RELAYS, ARE ONLINE MEET ENTRY ONLY

ONLINE MEET ENTRY OPENS at 10:00am on Tuesday, November 17, 2015

- ENTRY DEADLINE: Tuesday, December 8, 2015 at 10:00am

NO ADDITIONAL ENTRIES SHALL BE ACCEPTED THIS YEAR AFTER THE ENTRY DEADLINE

- Coaches present are responsible for the information included in the meet announcement
- The top 8 positively checked-in 10 and under swimmers will compete in the finals session under the lights

Two (2) Eight-lane, 25-yard courses
with a 25-yard warm-up pool separate from the competition pool

# START TIMES FOR FINALS <br> Thursday, Dec. 17, 2015-6pm Friday Dec. 18, 2015-6pm Saturday Dec. 19, 2015-6pm Sunday Dec. 20, 2015-5pm 

Download your invitation online at: www.amswim.org

Real Time web results will be available throughout the meet at: www.teampittsburgh.com and on Meet Mobile

# Christmas Meet Invitational <br> Held at the University of Pittsburgh <br> December 17-18-19-20, 2015 

SPONSOR: Team Pittsburgh Aquatics
SANCTION: Held under the Sanction of USA Swimming and Allegheny Mountain Swimming, Inc. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

LOCATION: Trees Pool, University of Pittsburgh, Aliquippa \& Darragh St., Pittsburgh, Pa.
POOL TYPE: Two (2) eight-lane, 25-yard, indoor courses with electronic timing and anti-wave lane lines. Six (6) lane 25-yard warm-up/warm-down pool. The competition course has been certified in accordance with 104.2.2.C(4). The copy of such certification is on file with USA Swimming.

POOL Shallow End - In the shallow end, start depth varies from 4.5 feet to 5.5 feet on both start and turn end.
DEPTH: Deep End: - Water depth in the deep end is 9 feet at the start end, 16 feet at the turn end.
RULES: The meet will be governed by current USA Swimming Rules.
All participants must be currently registered USA Swimming Athletes in accordance with Article 302.
EVENTS: Swimmers in events 400 and longer must provide their own timer. In events 500 and longer swimmers must provide their own timer AND counter.
The meet will be swum in accordance with the accompanying Schedule of Events.
The 1650 and 1000 yard freestyle events and all relay events will be swum as timed finals.
The 1000 free and 11-12 400 Individual Medley and 11-12 500 free will be swum on Thursday evening fastest to slowest alternating women/men.
The fastest seeded heat of the 1650 after check-in and declaration will be swum with finals.
The remaining heats of the 1650 will be swum after the morning relays - fastest to slowest, alternating women and men.
**The fastest seeds for the 1650 and Senior 400 Freestyle Relay may only opt to swim in prelims if team is on an early departure from the meet. You may not opt to swim the 1650 or Senior 400 Freestyle Relay in the morning in order to swim other events in finals.
The fastest 8 Senior Relays will swim in finals. For Sunday's Senior 400 Freestyle Relay, the fastest 8 relays after check in and declaration will compete in finals.
All other age-group (9-10, 11-12, 13-14, \& 15-16) relays will be swum as timed finals in the prelim sessions.
All relays must be included prior to entry deadline. NO DECK ENTERED RELAYS WILL BE ACCEPTED.
Please declare Senior 400 Freestyle Relay intentions by the following deadline:
Please declare by the beginning of finals (6:00pm on Sat.) the day prior to the event being swum.
The remaining individual events (except 8-Under events and 10 and under events) will be swum as preliminary and finals. 8 -Under and 10 -under events are timed finals in the afternoon with the top 8 POSITIVELY CHECKED-IN10 and unders competing during the finals session at night.
A non-scoring consolation finals heat will be swum for senior individual events only,
There MAY be up to a ten (10) minute break prior to the start of the 13 and over relays, prelims and finals.

[^0]ENTRY RESTRICTIONS:

1. Qualifying times must be achieved after January 1, 2013.
2. No swimmer may enter more than three (3) individual events per day, no more than 10 events for the meet.
3. No club may enter more than (3) teams per relay event.
4. Positive check-in is required for the 10\&under $200 \mathrm{IM}, 11-12500$ free, Senior 1000 free, and 11-12 400 IM by 5:00pm on Thursday, the first day of the meet and for the 1650 freestyle by 8:30am on Sunday, the last day of the meet. Senior 400 Medley Relay and 400 Free Relay positive check-in will close at 6 pm the night before the event.
5. ALL 10\&UNDER EVENTS ARE POSITIVE CHECK-IN. Friday, Saturday and Sunday events, athletes must DECLARE PRELIMS OR FINALS WITH THE TOP 8 DECLARING FINALS TO BE SWUM IN THE EVENING SESSION.
6. 10 \& under check in will close at noon on Friday, Saturday and Sunday. You may email the meet director your check-in if you cannot make it to the pool deck before noon.
7. The Meet Director reserves the right to return entries in order to control the duration of the meet.
8. Absolutely No late entries, phone entries, email entries or fax entries will be accepted.
9. Relays must be included prior to the entry deadline through OME.
10. NO DECK ENTRIES WILL BE ACCEPTED. This includes individual or relay events.
11. ALL RELAY ONLY SWIMMERS MUST APPEAR ON YOUR OME ENTRY PRIOR TO THE MEET DEADLINE.

## Bonus Events:

1. If a swimmer qualifies for a single (1) individual event, that swimmer may compete in up to one (1) additional event, if they meet the bonus standard.
2. If a swimmer qualifies for two (2) or more individual events, that swimmer may compete in up to two (2) additional events, keeping in mind not to exceed the maximum of ten (10) individual events for the entire meet and the maximum of three (3) individual events per day. Both bonus events must meet the bonus entry qualifying times.
3. Bonus events will be seeded after all yards and LCM entries.
4. Bonus event qualifying times for events 200 and shorter will be within 1 second per 50 of the meet qualifying standard.
5. Bonus event qualifying times for 400 IM - within four (:04) seconds, 500 Free - within five (:05) seconds of the qualifying time (four (:04) seconds if you are using the 400 free LCM to qualify); for the 1000 Free - within ten (:10) seconds of the qualifying time (eight (:08) seconds if you are using the 800 free LCM to qualify) ; and for the 1650 Free - within sixteen and a half (:16.50) seconds of the qualifying time (fifteen (:15) if you are using the 1500 meter free LCM to qualify). Time is calculated at 1 second per 100.

SEEDING: This is a pre-seeded meet, EXCEPT FOR THOSE EVENTS PREVIOUSLY NOTED. For the finals in age group events, if there are "no shows," alternates will be placed in the open lane(s) without reseeding. In senior events, consolation "no shows" will be filled from alternates without reseeding, but in championship finals of senior events, lanes will remain empty for "no shows." In prelims, the order of seeding will be SCY, LCM, BONUS QT.
NOTE: Positive check-in is required for ALL 10 \& under events, 11-12 500 free, 11-12 400 IM, 1000 free, 1650 free, AND ALL SENIOR RELAYS.

PROOF OF TIMES: PROOF OF TIME WILL BE REQUIRED. PROOF OF TIME MUST COME FROM A USA SWIMMING SANCTIONED, APPROVED, OR OBSERVED SWIM.TIMES NOT PROVEN WILL BE REMOVED FROM THE MEET.

SCRATCH RULE: Scratching from finals will be allowed in accordance with current USA Swimming Rules. For this meet, swimmers must complete and sign a scratch form (or intent to scratch) and submit it to the designated person in charge of scratches at the Admin Table at the deep end of the pool no later than 30 minutes after the announcement of the event results. The penalty for not properly scratching from finals and not competing will be as stated in Rule 207.11.D (2015 Rules and Regulations). "(1) Any swimmer qualifying for a C, B, or A final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3E or deliberate delay of the meet under 101.1.5 is not permitted and will be regarded as a failure to compete."

SCORING: Only the top 8 finishers will score.
Individual events: 9-7-6-5-4-3-2-1
Relays events are doubled.
AWARDS: Individual events- Medals through $3^{\text {rd }}$ place for 13-14, 15-16, and Senior..
Medals through $3^{\text {rd }}$ place and ribbons $4^{\text {th }}-8^{\text {th }}$ for 12 and under.
High point awards for all age groups and seniors will be awarded.
Note: points scored will only count in the age group in which they are swum.
Relays- Medals through 3rd place
SPECIAL AWARD:
The CAROL AND JERRY ZALESKI AWARDS will be presented to the winner of the 100-yard Freestyle Event for Senior Men and Women. The names of the winners will be placed on a permanent plaque for display in the pool balcony.

WARM-UPS: Please note that all swimmers must be under the supervision of a USA Swimming coach during warm-up and competition. If necessary, the Meet Director or Referee will assist the swimmer in making such arrangements. The afternoon session warm-ups will be split by teams PRIOR to the start of the meet.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member- coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTING TIMES: (Note- Starting times are different for Sunday!)

## 12 \& Under events

Warm-up- no sooner than 1:00pm Fri/Sat (12:30pm on Sun)

PRELIMS BEGIN- no sooner than 2:00pm Fri/Sat (1:30pm on Sun)
10 \& Under events- All 8-under and 10-under events are timed-finals events during the afternoon sessions.

## 13 \& Over events

Warm-up- 7:00am, DOORS WILL OPEN AT 6:30AM

PRELIMS BEGIN- 8:30am each day

FINALS SESSIONS Begin- Thursday at 5:30pm, Friday/Saturday - 6:00pm, Sunday- 5:00pm
Warm-up begins no later than one hour prior to finals beginning.
We will be using two pools for preliminary sessions. IN ORDER TO EVEN OUT THE TIMELINES:

- 15 and older women and 13-14 boys will swim the morning prelims in the DEEP END on Friday and Sunday and the SHALLOW END on Saturday
- 15 and older men and 13-14 girls will swim the morning prelims in the SHALLOW END on Friday and Sunday and the DEEP END on Saturday.
- 11-12 Girls and 10 and under boys will swim the afternoon prelims in the SHALLOW END on Friday and Sunday and the DEEP END on Saturday
- 11-12 Boys and 10 and under girls will swim the afternoon prelims in the DEEP END on Friday and Sunday and the SHALLOW END on Saturday

The following warm-up schedule will apply to this meet:
The first half of all warm-up periods will be a general warm-up with NO DIVING from the blocks or sides of the pool. All blocks are to be covered with safety cones. NO PADDLES. No sprint or pace work in general warm-up lanes. During the last half of all warm-up periods, the safety cones on lanes 2 and 7 will be removed. One-way diving and sprinting will be done in these lanes only from the starting end of the pool. The outside lanes will be used for push-off circle pace-work from the start end of the pool. The remaining lanes will be general warm-up lanes, with no diving or push-off pacing permitted, unless otherwise instructed by the referee and marshal. Warmup times will be split primarily between AMS teams and NON-AMS teams to allow for less overcrowding. Warmup designations will be sent to the teams the Monday of the start of the meet. The small pool will be open for warmup and warm down.

NO UNAUTHORIZED PERSONNEL WILL BE ALLOWED ON THE POOL DECK. Coaches, Officials and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, excepting swimmers, will be prevented from entering the deck area. Coaches, officials, and ALL volunteers will check-in in the lobby and receive a wristband once cleared. No adults will be permitted on deck without a wristband. Anyone caught in violation of these rules will be removed from the venue.

## MEET MARSHALS:

Marshals have authority through the Meet Director over warm-ups. A swimmer and/or coach may be removed from the deck for noncompliance with warm-up procedures.

## PARKING:

For a charge, you may park all day in the OC LOT adjacent to the pool. The OC LOT is a secured, lighted lot. We recommend that you use the OC LOT.
However, if you do park on the street, we recommend that you remove all valuables from your car, or remove them from view. The daily parking rate is $\$ 10$ per day. The fee is $\$ 7$ if you have a valid Pitt ID.

Fortunately, the University of Pittsburgh Parking Office MAY allow in/out privileges in the OC Lot when there are not other special events scheduled to swim meet parents, officials and coaches. The In-Out privilege is NOT EXTENDED to others parking at the University, and may be revoked, and is NOT guaranteed. In order to utilize this if allowed, please keep your parking payment stub with you when you exit in order to re-enter the lot for finals. Thanks.

## ADDITIONAL INFORMATION:

Should you need any additional information regarding the meet, please call Jeff Berghoff at 412-648-8340.

PIISBURGH

## AMS/USA-S Photography Rule:

In compliance with USA Swimming Rules and Regulations; Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the AMS Board or stated in the meet announcement, photographers are not permitted on deck at any time. As an approved exception, USA Swimming registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training, subject to location restrictions of this statement, so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.

## NOTE to Officials:

This meet is designated as a Qualifying Meet for N 2 and N 3 level Officials level qualifications under sanction TBD.
"National Evaluators" have been assigned for certification and re-certification evaluations. Those desiring certification or re-certification above the LSC level should complete the online Application to Officiate and Request for Evaluation, which can be found at the link below. Applications will be considered on a first come basis, however, there may not be enough resources to accommodate all such requests.

## Application Link: To Be Added

Please note that for an N3 evaluation to be valid it must be done over 4 sessions in the position. N2 Evaluations must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions. However, the official must work at least 4 sessions at the meet for advancement or recertification evaluation(s) to be valid. Only one position may be evaluated in each session, although officials may rotate to permit multiple evaluations.

These evaluations represent only a portion of the certification and re-certification. Applications must be submitted in order to complete the re-certification and advancement process.

Please feel free to duplicate this information and entry forms for any club needing information.

## Christmas Meet Invitational <br> Meet Entry Summary

(This completed form MUST accompany your payment. Both sides of this form must be complete and accompany your check in the mail before the entry deadline of November $\mathbf{2 8}$ in order to be considered complete.)

ENTRY DEADLINE is Tuesday, December 8, 2015, 10am via OME ONLY.
Mail completed Meet Entry Summary, Payment and Entries to:
Jeff Berghoff - Christmas Meet, Swimming Office, 218 Fitzgerald Field House, Pittsburgh, PA 15261
TEAM NAME $\qquad$ CODE LETTERS (5) $\qquad$
COACH $\qquad$ Phone $\qquad$ E-mail $\qquad$

TEAM ENTRY PERSON $\qquad$ E-mail $\qquad$
TEAM ADDRESS $\qquad$ RESULTS will be posted on the web at www.amswim.org

| ENTRY FEE PAYMENT (Check Payable to Pittsburgh Aquatic Program) |  |
| :---: | :---: |
| Number of Individual Entries | - at $\$ 5.00=\$$ |
| Number of Relay Entries | at \$10.00=\$ |
| Number of Athletes (Facility Surcharge) | at $\$ 5.00=\$$ |
|  | TOTAL Submitted= \$ |
| One (1) Club or Certified Check per team. | Make checks payable to: Pittsburgh Aquatic Program |

Questions concerning my team's entries should be directed to:

Name
e-mail

Phone

## TIMER INFORMATION FORM

Since this is such a large regional competition, as part of your acceptance to the meet teams are REQUIRED to provide timers for prelims sessions. Please indicate below which sessions you would like to provide timers. Also, using the information provided on page 4 of the meet information packet, please denote which end your timer(s) would prefer. Thanks. Jeff, Meet Director.

FRIDAY
PRELIMS
$\qquad$ 8:30am-12noon
(13-Older)
2pm-4:30pm
(12-Younger)
FINALS
_ $6 \mathrm{pm}-8 \mathrm{pm}$

SATURDAY
PRELIMS
$\qquad$ 8:30am-12noon
(13-Older)
___ 2pm-4:30pm
(12-Younger)
FINALS
$\qquad$ 6pm-8pm

SUNDAY
PRELIMS
$\qquad$ 8:30am-12noon (13-Older)
$\qquad$ 1:30pm-4:30pm (12-Younger)

FINALS
$\qquad$ 5pm-7pm

TEAM NAME

# RETURN THIS FORM WITH YOUR ENTRY CHECK. IF IT IS NOT RETURNED, YOUR ENTRY WILL BE CONSIDERED INCOMPLETE. 

## The 54th Annual Christmas Meet Invitational

 December 17-20, 2015
## List of Suggested Hotels

(In no particular order)
You Must Mention the Christmas Swim Meet and make reservations prior to the cut-off date to get the advertised rate.
Cut-off date for each hotel is listed
$\square$ Hampton Inn - Oakland Cut-off date: 11/25/2015
5-10 minutes from the pool. Entirely renovated in 2010. Ask for "Christmas Meet".
\$129 (Queen/Queen), \$114 (King w/pullout)
Free Breakfast Buffet, Free Wireless

- Wyndham Pittsburgh University Center
412-682-6200
Cut-off date: 11/26/2015
(In the Center of the Pittsburgh Campus). Ask for "Christmas Swim Meet".
\$115 Flat Rate (Up to four persons),
Restaurant on site/meal plans available. Indoor pool. Free Wireless. Parking - \$5/day (normally \$20)
- Hilton Garden Inn Pittsburgh University Place

See below
Cut-off date: 11/19/2015
Call Dani Frick directly at 412-688-1982
(Three blocks/two minutes from pool on Forbes Ave.) Ask for "Team Pittsburgh Aquatics Christmas Meet". \$110 (Single or Double Occupancy) Restaurant on site, completely renovated.
Parking is complimentary.

- Hyatt House Pittsburgh Bloomfield/Shadyside 1-800-545-8207

Cut-off date: 12/1/2015
Brand new hotel located minutes from the pool. Ask for "Christmas Swim Meet".
\$109 (King Suites), \$119 (Queen/Queen) - Free hot breakfast and Wi-Fi.

- Homewood Suites Pittsburgh Downtown Cut-off date: 11/19/2015

Brand new hotel located minutes from the pool. Ask for "Christmas Swim Meet".
\$139 King Studio Suites - Parking is valet only - $\$ 22$ per day
Complimentary breakfast, complimentary internet access

- SpringHill Suites South Side Works 1-412-488-8003 Cut-off date:

Brand new hotel located minutes from the pool. Ask for "2015 Christmas Swim Meet". \$128 for suites - \$16 parking - Free hot breakfast and Wi-Fi.

## - SpringHill Suites Bakery Square Cut-off date: 12/1/2015

Located minutes from the pool in the up and coming Bakery Square. Ask for "Christmas Swim Meet". \$139 (King Suites or Queen/Queen) - \$16 parking - Free hot breakfast and Wi-Fi.

The Rules of Conduct as Adopted by the Allegheny Mountain Swimming Association for this meet.

1. Any swimmer breaking any one or more of the following rules will be ejected from the premises:
a. willful damage to the premises (walls, floors, doors, etc.);
b. willful damage to the furniture, fixtures and appointments;
c. plugging sinks, toilets, or other drains;
d. flicking towels, fighting, wrestling, etc.;
e. violation of any posted or announced regulation(s);
f. insubordination to officials and deck marshals;
g. any other unsportsmanlike, irresponsible or unsafe conduct; or
h. use of alcohol, illegal drugs, and tobacco (inhaled or chewed).
2. USA Swimming mandates the following procedure for expeditious handling of complaints and/or disciplinary actions for violation of these rules:
a. Since federal law states that an athlete cannot be suspended from competition, even temporarily, without a hearing, the host club should be prepared in advance to have an ad hoc Meet Rules Committee selected. The Committee should have a referee or designated official, the Meet Director and an athlete as members. This Committee should be announced before the start of the meet. It is the Meet Director's responsibility to select this Committee; however, the Meet Director may ask the Referee to select this ad hoc Committee. In the case of a protest, the Committee shall convene on the site immediately to handle the situation.
b. The decision must be reduced to writing within ten (10) days of the hearing and a copy served by mailed to the athlete and to the Chairman of the AMS Review Committee. It should include findings of fact. If a formal hearing is desired, the matter can be referred to the AMS Review Committee for a full hearing.
3. Coaches and swimmers must remain a minimum of two (2) feet from the pool's edge. Coaches and official must display current USA-S registration cards.
4. Only competing swimmers, officials and lap counters are permitted within four (4) feet of the pool's edge both at the starting and turning ends.
5. Spectators, including parents, are not permitted on the pool deck.
6. Coaches, parents and/or swimmers are not to contact the administration desk or electronic timing operator regarding questions of time or place of finish. All questions should be directed to the Admin Referee.
7. If the electronic timing device is set off before a race is completed, or if the body of a swimmer (defined as the torso, including shoulders and hips) enters the water, or if, in the opinion of the Meet Referee, an "on-deck" swimmer has interfered with an "in-pool" swimmer, then the "on-deck" swimmer may be disqualified from their next event.
8. DECK CHANGING IS PROHIBITED. Any athletes caught deck changing will be asked to leave the premises and will be removed from the meet. Changing into or out of swimsuits other then in locker rooms or other designated areas is prohibited.

## TPIT CHRISTMAS INVITATIONAL DECEMBER 17-20, 2015

| WOMEN | EQUAL TO OR FASTER THAN LCM | EQUALTO OR FASTER THAN SCY | THURSDAY EVENING <br> Session 1 - DEEP END | EQUALTO OR FASTER THAN SCY | EQUALTO OR FASTER THAN LCM | MEN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 3:17.59 | 2:54.19 | 10 \& Under 200 Individual Medley | 2:53.69 | 3:16.89 | 2 |
| 3 | 5:29.09 | 6:07.99 | 11-12 500 Free | 6:02.59 | 5:21.89 | 4 |
| 5 | 10:07.59 | 11:18.69 | Senior 1000 Free | 10:33.39 | 9:29.49 | 6 |
| 7 | 6:20.39 | 5:33.09 | 11-12 400 Individual Medley | 5:25.79 | 6:11.49 | 8 |


| WOMEN | EQUALTO OR FASTER THAN LCM | EQUAL TO OR FASTER THAN SCY | FRIDAY MORNING Session 2 | EQUAL TO OR FASTER THAN SCY | EQUAL TO OR FASTER THAN LCM | MEN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9 | 2:43.89 | 2:22.29 | 13-14 200 Individual Medley | 2:12.99 | 2:33.69 | 10 |
| 11 | 2:39.49 | 2:18.69 | 15-16 200 Individual Medley | 2:06.79 | 2:26.39 | 12 |
| 13 | 2:38.59 | 2:17.39 | Senior 200 Individual Medley | 2:03.69 | 2:23.89 | 14 |
| 15 | 1:15.49 | 1:06.59 | 13-14 100 Butterfly | 1:01.89 | 1:10.39 | 16 |
| 17 | 1:13.89 | 1:05.29 | 15-16 100 Butterfly | 58.99 | 1:07.09 | 18 |
| 19 | 1:13.39 | 1:04.29 | Senior 100 Butterfly | 57.69 | 1:05.39 | 20 |
| 21 |  |  | Senior 800 Freestyle Relay |  |  | 22 |
| 23 | 5:01.79 | 5:38.29 | 13-14 500 Freestyle | 5:19.99 | 4:50.09 | 24 |
| 25 | 4:54.89 | 5:28.09 | Senior 500 Freestyle | 5:02.49 | 4:33.19 | 26 |

Friday Morning Shallow will be Events 8, 9, 11, 14, 15, 17, 19, 22, 23
Friday Morning Deep will be Events 7, 10, 12, 13, 16, 18, 20, 21, 24 and possibly some heats of 23

| GIRLS | EQUAL TO OR FASTER THAN LCM | EQUALTO OR FASTER THAN SCY | FRIDAY AFTERNOON <br> Session 3 - SHALLOW END | EQUAL TO OR FASTER THAN SCY | EQUAL TO OR FASTER THAN LCM | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 27 | 2:37.59 | 2:18.19 | 11-12 200 Freestyle | 2:14.79 | 2:33.39 | 28 |
| 29 | 2:58.39 | 2:36.39 | 10 \& Under 200 Freestyle | 2:31.29 | 2:51.89 | 30 |
| 31 | 1:43.39 | 1:30.69 | 8 \& Under 100 Freestyle | 1:28.49 | 1:43.39 | 32 |
| 33 | 35.79 | 31.89 | 11-12 50 Butterfly | 31.69 | 35.89 | 34 |
| 35 | 41.49 | 36.39 | 10 \& Under 50 Butterfly | 36.19 | 40.89 | 36 |
| 37 | 54.29 | 47.99 | 8 \& Under 50 Butterfly | 46.69 | 52.29 | 38 |
| 39 |  | 1:13.09 | 11-12 100 Individual Medley | 1:11.09 |  | 40 |
| 41 |  | 1:21.39 | 10 \& Under 100 Individual Medley | 1:20.39 |  | 42 |
| 43 | 2:57.99 | 2:33.79 | 11-12 200 Backstroke | 2:30.29 | 2:53.79 | 44 |

Friday Afternoon Shallow will be Events 26, 27, 29, 32, 33, 35, 38, 39, 42
Friday Afternoon Deep will be events 25, 28, 30, 31, 34, 36, 37, 40, 41

| WOMEN | FRIDAY FINALS <br> Session 4 | MEN |
| :---: | :---: | :---: |
| 27 | 11-12 200 Freestyle | 28 |
| 29 | 10 \& Under 200 Freestyle (Top 8) | 30 |
| 9 | $13-14$ 200 Individual Medley | 10 |
| 11 | $15-16$ 200 Individual Medley | 12 |
| 13 | Senior 200 Individual Medley (B,A) | 14 |
| 33 | $11-1250$ Butterfly | 34 |
| 35 | $10 \&$ Under 50 Butterfly (Top 8) | 36 |
| 15 | $13-14$ 100 Butterfly | 16 |
| 17 | $15-16$ 100 Butterfly | 18 |
| 19 | Senior 100 Butterfly (B,A) | 20 |
| 39 | $11-12$ 100 Individual Medley | 40 |
| 41 | $10 \&$ Under 100 Individual Medley (Top 8) | 42 |
| 23 | $13-14$ 500 Freestyle | 24 |
| 25 | Senior 500 Freestyle (B,A) | 26 |
| 43 | $11-12$ 200 Backstroke | 44 |
| 21 | Senior 800 Freestyle Relay (Final Heat) | 22 |

PITT
TPIT CHRISTMAS INVITATIONAL
DECEMBER 17-20, 2015

| WOMEN | EQUAL TO OR FASTER THAN LCM | EQUAL TO OR FASTER THAN SCY | SATURDAY MORNING <br> Session 5 | EQUAL TO OR FASTER THAN SCY | EQUAL TO OR FASTER THAN LCM | MEN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 45 |  |  | Senior 400 Medley Relay |  |  | 46 |
| 47 | 2:23.89 | 2:06.49 | 13-14 200 Freestyle | 1:58.69 | 2:16.09 | 48 |
| 49 | 2:20.39 | 2:02.49 | Senior 200 Freestyle | 1:51.69 | 2:09.09 | 50 |
| 51 | 1:17.19 | 1:07.09 | 13-14 100 Backstroke | 1:03.09 | 1:12.89 | 52 |
| 53 | 1:15.99 | 1:05.39 | 15-16 100 Backstroke | 59.79 | 1:09.69 | 54 |
| 55 | 1:15.29 | 1:04.59 | Senior 100 Backstroke | 58.09 | 1:08.69 | 56 |
| 57 | 3:02.89 | 2:39.39 | 13-14 200 Breaststroke | 2:28.29 | 2:52.09 | 58 |
| 59 | 2:56.39 | 2:33.49 | Senior 200 Breaststroke | 2:17.29 | 2:39.09 | 60 |
| 61 | 32.19 | 28.19 | 13-14 50 Freestyle | 25.99 | 29.49 | 62 |
| 63 | 31.69 | 27.69 | 15-16 50 Freestyle | 24.79 | 27.89 | 64 |
| 65 | 31.49 | 27.49 | Senior 50 Freestyle | 24.29 | 27.99 | 66 |
| 67 |  |  | 13-14 200 Medley Relay |  |  | 68 |
| 69 |  |  | 15-16 200 Medley Relay |  |  | 70 |
| 71 | 5:45.39 | 5:02.69 | 13-14 400 Individual Medley | 4:43.39 | 5:26.19 | 72 |
| 73 | 5:34.39 | 4:52.29 | Senior 400 Individual Medley | 4:25.69 | 5:06.29 | 74 |

Saturday Morning Shallow will be events $44,45,48,49,52,54,55,58,59,62,64,65,68,69,72$, and possibly some heats of 71 Saturday Morning Deep will be events 43, 46, 47, 50, 51, 53, 56, 57, 60, 61, 63, 66, 67, 70, 71

| GIRLS | EQUAL TO OR FASTER THAN LCM | EQUAL TO OR FASTER THAN SCY | SATURDAY AFTERNOON Session 6 | EQUAL TO OR FASTER THAN SCY | EQUAL TO OR FASTER THAN LCM | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 75 | 1:12.89 | 1:03.09 | 11-12 100 Freestyle | 1:01.89 | 1:10.49 | 76 |
| 77 | 1:21.19 | 1:11.39 | 10 \& Under 100 Freestyle | 1:10.19 | 1:20.39 | 78 |
| 79 |  | 1:43.39 | 8 \& Under 100 Individual Medley | 1:40.39 |  | 80 |
| 81 | 1:33.79 | 1:21.69 | 11-12 100 Breaststroke | 1:19.39 | 1:31.69 | 82 |
| 83 | 1:46.49 | 1:32.39 | 10 \& Under 100 Breaststroke | 1:30.19 | 1:44.69 | 84 |
| 85 | 1:01.59 | 53.59 | 8 \& Under 50 Breaststroke | 53.19 | 1:01.19 | 86 |
| 87 | 38.49 | 33.29 | 11-12 50 Backstroke | 33.09 | 37.99 | 88 |
| 89 | 43.49 | 37.99 | 10 \& Under 50 Backstroke | 37.79 | 43.29 | 90 |
| 91 | 2:58.59 | 2:36.39 | 11-12 200 Individual Medley | 2:33.79 | 2:55.89 | 92 |
| 93 | 2:59.29 | 2:36.39 | 11-12 200 Butterfly | 2:32.69 | 2:53.59 | 94 |
| 95 |  |  | 10 \& Under 200 Freestyle Relay |  |  | 96 |
| 97 |  |  | 11-12 200 Freestyle Relay |  |  | 98 |

Saturday Afternoon Shallow will be events 73, 76, 78, 79, 82, 84, 85, 88, 89, 92, 93, 96, 97
Saturday Afternoon Deep will be events 74, 75, 77, 80, 81, 83, 86, 87, 90, 91, 94, 95, 98

| WOMEN | SATURDAY FINALS <br> Session 7 | MEN |
| :---: | :---: | :---: |
| 47 | $13-14$ 200 Freestyle | 48 |
| 49 | Senior 200 Freestyle | 50 |
| 75 | $11-12$ 100 Freestyle | 76 |
| 77 | 10 \& Under 100 Freestyle (Top 8) | 78 |
| 51 | $13-14100$ Backstroke | 52 |
| 53 | $15-16$ 100 Backstroke | 54 |
| 55 | Senior 100 Backstroke (B,A) | 56 |
| 81 | $11-12100$ Breaststroke | 82 |
| 83 | $10 \&$ Under 100 Breaststroke (Top 8) | 84 |
| 57 | $13-14$ 200 Breaststroke | 58 |
| 59 | Senior 200 Breaststroke (B,A) | 60 |
| 87 | $11-1250$ Backstroke | 88 |
| 89 | $10 \&$ Under 50 Backstroke (Top 8) | 90 |
| 61 | $13-14$ 50 Freestyle | 62 |
| 63 | $15-1650$ Freestyle | 64 |
| 65 | Senior 50 Freestyle (B,A) | 66 |
| 91 | $11-12$ 200 Individual Medley | 92 |
| 71 | $13-14400$ Individual Medley | 72 |
| 73 | Senior 400 Individual Medley (B,A) | 74 |
| 95 | $11-12$ 200 Butterfly | 96 |
| 45 | Senior 400 Medley Relay (Final Heat) | 46 |

TPIT CHRISTMAS INVITATIONAL
DECEMBER 17-20/2015

| WOMEN | EQUAL TO OR FASTER THAN LCM | EQUAL TO OR FASTER THAN SCY | SUNDAY MORNING Session 8 | EQUAL TO OR FASTER THAN SCY | EQUAL TO OR FASTER THAN LCM | MEN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 99 |  |  | Senior 400 Freestyle Relay |  |  | 100 |
| 101 | 2:38.69 | 2:18.29 | 13-14 200 Backstroke | 2:10.09 | 2:30.29 | 102 |
| 103 | 2:34.79 | 2:13.59 | Senior 200 Backstroke | 2:01.09 | 2:22.09 | 104 |
| 105 | 1:09.69 | 1:01.19 | 13-14 100 Freestyle | 56.89 | 1:05.29 | 106 |
| 107 | 1:08.39 | 59.99 | 15-16 100 Freestyle | 54.19 | 1:02.19 | 108 |
| 109 | 1:08.29 | 59.49 | Senior 100 Freestyle | 53.19 | 1:01.29 | 110 |
| 111 | 2:38.79 | 2:21.69 | 13-14 200 Butterfly | 2:11.69 | 2:29.99 | 112 |
| 113 | 2:34.89 | 2:15.19 | Senior 200 Butterfly | 2:03.39 | 2:19.89 | 114 |
| 115 | 1:28.19 | 1:16.59 | 13-14 100 Breaststroke | 1:10.79 | 1:21.29 | 116 |
| 117 | 1:26.69 | 1:15.69 | 15-16 100 Breaststroke | 1:07.89 | 1:18.89 | 118 |
| 119 | 1:25.29 | 1:13.59 | Senior 100 Breaststroke | 1:06.29 | 1:17.09 | 120 |
| 121 |  |  | 13-14 200 Freestyle Relay |  |  | 122 |
| 123 |  |  | 15-16 200 Freestyle Relay |  |  | 124 |
| 125 | 19:26.39 | 18:58.69 | Senior 1650 Freestyle | 17:37.89 | 18:04.79 | 126 |

Sunday Morning Shallow will be events 99, 102, 103, 106, 107, 109, 112, 113, 116, 117, 119, 122, 123, 125
Sunday Morning Deep will be events 100, 101, 104, 105, 108, 110, 111, 114, 115, 118, 120, 121, 124, 126 and possibly a heat of 125

| GIRLS | EQUAL TO OR FASTER THAN LCM | EQUAL TO OR FASTER THAN SCY | SUNDAY AFTERNOON Session 9 | EQUAL TO OR FASTER THAN SCY | EQUALTO OR FASTER THAN LCM | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 127 | 3:21.09 | 2:56.39 | 11-12 200 Breaststroke | 2:49.39 | 3:17.09 | 128 |
| 129 | 55.79 | 48.59 | 8 \& Under 50 Backstroke | 48.59 | 55.79 | 130 |
| 131 | 1:34.79 | 1:21.79 | 10 \& Under 100 Backstroke | 1:20.09 | 1:31.69 | 132 |
| 133 | 1:23.29 | 1:12.69 | 11-12 100 Backstroke | 1:10.79 | 1:22.39 | 134 |
| 135 | 44.79 | 39.49 | 8 \& Under 50 Freestyle | 38.49 | 43.89 | 136 |
| 137 | 36.29 | 31.89 | 10 \& Under 50 Freestyle | 31.39 | 35.69 | 138 |
| 139 | 33.39 | 29.39 | 11-12 50 Freestyle | 28.39 | 32.49 | 140 |
| 141 | 1:36.79 | 1:25.29 | 10 \& Under 100 Butterfly | 1:24.79 | 1:36.09 | 142 |
| 143 | 1:21.89 | 1:12.49 | 11-12 100 Butterfly | 1:10.59 | 1:20.39 | 144 |
| 145 | 48.09 | 41.99 | 10 \& Under 50 Breaststroke | 41.89 | 48.19 | 146 |
| 147 | 42.09 | 37.49 | 11-12 50 Breaststroke | 36.89 | 41.99 | 148 |
| 149 |  |  | 10 \& Under 200 Medley Relay |  |  | 150 |
| 151 |  |  | 11-12 200 Medley Relay |  |  | 152 |

Sunday Afternoon Shallow will be events 128, 129, 131, 134, 135, 137, 140, 141, 144, 145, 148, 149, 152
Sunday Afternoon Deep will be events 127, 130, 132, 133, 136, 138, 139, 142, 143, 146, 147, 150, 151

| WOMEN | SUNDAY FINALS <br> Session 10 | MEN |
| :---: | :---: | :---: |
| 127 | 11-12 200 Breaststroke | 128 |
| 125 | Senior 1650 Freestyle (Final Heat) | 126 |
| 131 | 10 \& Under 100 Backstroke (Top 8) | 132 |
| 133 | $11-12100$ Backstroke | 134 |
| 101 | $13-14$ 200 Backstroke | 102 |
| 103 | Senior 200 Backstroke (B,A) | 104 |
| 137 | $10 \&$ Under 50 Freestyle (Top 8) | 138 |
| 139 | $11-12$ 50 Freestyle | 140 |
| 105 | $13-14100$ Freestyle | 106 |
| 107 | $15-16100$ Freestyle | 108 |
| 109 | Senior 100 Freestyle (B,A) | 110 |
| 141 | $10 \&$ Under 100 Butterfly | 142 |
| 143 | $11-12100$ Butterfly | 144 |
| 111 | $13-14200$ Butterfly | 112 |
| 113 | Senior 200 Butterfly (B,A) | 114 |
| 145 | $10 \&$ Under 50 Breaststroke | 146 |
| 147 | $11-1250$ Breaststroke | 148 |
| 115 | $13-14$ 100 Breaststroke | 116 |
| 117 | $15-16100$ Breaststroke | 118 |
| 119 | Senior 100 Breaststroke (B,A) | 120 |
| 99 | Senior 400 Freestyle Relay (Final Heat) | 100 |

## TPIT CHRISTMAS INVITATIONAL DECEMBER 17-20, 2015.

## REMINDERS:

1. NO LATE ENTRIES WILL BE ACCEPTED - OME ONLY.
2. Senior Women's 400 Individual Medley, Senior Women's 500 free and Senior Women's 1650 free MAY be split into both pools.
3. Any time not proven prior to the start of the meet's first session will NOT be permitted to compete.
4. All times are taken from the national time standards as established by USA Swimming. 12 and under entry times are based off of National A Time standards. For 13 and older events 100 and shorter are National A time standards and events 200 and longer are National AA time standards. Senior event entry times are based off of the 17-18 age group.
5. Entries are limited to a maximum of 3 individual events per day, 10 total individual events maximum for the meet.
6. There are Consolation and Final heats for all Senior Events (except for timed final events) and only one Final Heat for all Age Group events 11-12 and older. Only the Championship final heat will score.
7. The top 8 positively checked-in 10 and unders in each event will compete during the evening finals session on Friday, Saturday and Sunday..
8. Non-conforming times shall be seeded last. SCY LCM
9. Relay only swimmers must appear on the OME master entry form.
10. There MAY be up to a 10 minute break prior to the start of relays at the end of the prelim sessions.
11. THERE WILL BE NO DECK ENTERED EVENTS, INDIVIDUAL OR RELAY.
12. Results will be made available on www.amswim.org, as well as Meet Mobile.
13. Finals will end at about $7: 15 \mathrm{pm}$ on Sunday. High Point awards and Team trophies will be awarded after finals.
14. Meet will be cut off at approximately 7500 entries and approximately 1500 athletes.

[^0]:    MEET DIRECTOR: Jeff Berghoff - 412-648-8340 - berghoff@pitt.edu
    MEET REFEREE: Dave Watterson - wttrsnd@gmail.com
    ADMIN OFFICIAL: Michelle Schonbachler - schonbachler@zoominternet.net
    ADMIN REFEREE: TBA
    Officials Contact: Terri Cook - theresacook27@yahoo.com
    ENTRY:

    - INDIVIDUAL EVENT= $\$ 5.00$ per entry

    RELAYS = \$10.00 per entry

    - FACILITY SURCHARGE = \$5.00 per athlete
    - ONLINE MEET ENTRY ONLY
    - All entries must be submitted through USA Swimming's website using OME (Online Meet Entry). Entries will open on Tuesday, November 17, 2015 at 10:00am and will close on Tuesday, December 8, 2015 at 10:00am. No entries will be accepted after this time.
    - ONLINE MEET ENTRY LINK
    - ALL PAYMENTS MUST BE RECEIVED PRIOR TO THE START OF THURSDAY EVENING'S EVENTS.
    - The Meet Director reserves the right to close the meet to control the duration of the meet.

    The volunteer timer sheet, meet entry summary, and all entry fees must be received prior to the start of the meet.

