

## **ALLEGHENY MOUNTAIN SWIMMING TRAVEL TEAM CODE OF CONDUCT**

As a member of the Allegheny Mountain Swimming Travel Team, I promise to abide by the following rules of conduct:

- I. I will support the values of Discipline, Loyalty, Commitment, Hard Work and Teamwork during practices, meets, and other swimming events in my dealing with all coaches, officials, swimmers, and parents.
- II. I will, at all times, respect my fellow team members, coaches, and chaperones.
- III. I will respect other's personal property, including but not limited to, hotel property, busses, and aquatic centers and building grounds.
- IV. At all times I will demonstrate good sportsmanship and respect for fellow teammates. I will conduct myself in a manner that reflects highly on Allegheny Mountain Swimming.
- V. I will abide by conduct rules set forth and outlined by USA Swimming for competition.

**Sanctions:** Should I conduct myself in such a manner that discredits or causes discord within Allegheny Mountain or USA Swimming, I voluntarily subject myself to disciplinary actions. I understand that I have 30 days to protest such sanctions with the Board of Review.

By Signing, I hereby acknowledge that I have read and agree to the above terms

SWIMMER'S SIGNATURE: \_\_\_\_\_

PARENT'S SIGNATURE: \_\_\_\_\_

COACH'S SIGNATURE: \_\_\_\_\_

**Please read, sign and return this form to the Team Manager at the Parents Meeting. Swimmers will not be permitted to board the bus until this form is complete and returned.**